



# North News Update

## North Middle School

2514 Rainer Ave Everett, WA 98201

Mary O'Brien, Principal and Donna Kapustka, Assistant Principal

Main office (425) 385-4800

Attendance Line/ Email (425) 385-4805 / NORAttendance@everettsd.org

Health Room (425) 385-4806

Safety Tip line 855-637-2095

Website www.everett.k12.wa.us/north

# October 2015

## Calendar Items

Sept 30	Fundraiser Kick-off Assembly
Oct 1-8	ASB Fundraiser
Oct 12	Sargent at arms assembly
Oct 15	Curriculum Night 6pm
Oct 20	Spirit Assembly
Oct 20	High school and beyond @ EHS 5-8pm
Oct 23-30	Early Release at 12:20
Oct 26-30	Book Fair
Oct 27-28	Conferences
Oct 28	Picture Retake

**Mark your calendars!**  
the Book fair is coming to North Middle  
October 26-30th During conference week

**Did you miss a call from us?**

If missed a call from your school, please check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls. Did you miss the last recorded call from us? If you would like to hear the most recent recorded calls made to your home phone, dial 1-877-737-5291 (1-877-REPLAY1) from the phone on which you receive your calls.

**Is your contact information up-to-date at school?**

Verify your contact information so we can reach you quickly


**Fundraiser Turn in Day**  
**Turn in day for the Fundraiser Is October 8th**

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:  
Affirmative Action Office – Carol Stolz, cstolz@everettsd.org, 425-385-4106  
Title IX Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104  
504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063  
ADA Coordinator – Becky Clifford, rclifford@everettsd.org, 425-385-5250  
Address: 3900 Broadway, Everett, WA 98201

Translation @ (425)385-4041  
통역 @ (425) 385-4011  
(425) 385-4011 ترجمه  
Перевод (425) 385-4011  
Traducción en el (425)385-4011  
Thông dịch (425) 385-4011

**Student opportunities and activities flyers**



We email approved flyers from community organizations to guardians through a system called [Peachjar](#). The flyers are also posted on each school's website. Look for the Peachjar button in the Quick links section of each school's homepage to view the flyers and register others who might also want to receive the flyers.

**Is your family prepared for an emergency?**  
*Sign up for Smart911 to save time and possibly lives*

Now you can provide 9-1-1 with the information they need to help any member of your family **before** an emergency happens.

**Seconds count when ...**

- A child is missing
- There's a fire
- You experience a medical emergency
- There's an accident at home, or on the job
- You are in a vehicle accident

Seconds save lives. **Sign up for Smart911 today.**

**NEW safety tip line**

Do you or your student have a concern about someone who may be experiencing bullying or harassment? Or perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

**3 easy ways**  
Text or call  
855-637-2095  
1350@alert1.us  
<http://1350.alert1.us>

If there is reason for concern about safety on a designated walkway to school, calling **9-1-1** immediately will get authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

**School Performance Report**

Our school's performance report is available online on each school's website. More information is available on the Office of Superintendent of Public Instruction (OSPI) [website](#). Click on "State Report Card" and select Everett from the list of districts.

**Website = tools for you**



The website has tools to make your life easier. Sign in to: Customize a personal profile in *MyView* Add your student's school and teachers' calendars to your calendar view you can also Filter calendar items by category, Export calendar items to your personal calendar, Access *Grades & More*, lunch menus and staff contact information from the home page, Find directions and maps to event locations listed on The calendar. If you are a parent or guardian authorized to have Web access to your student's records, you can sign in to the website using the same login and password you use for online grades to customize *MyView*. Need a login or not sure if you have access? Contact [LMS@everettsd.org](mailto:LMS@everettsd.org) for help.

**Access to public records**

Many records and documents in Everett Public Schools are available to the public. Parents and other citizens have the right to ask the school district to view or have copies made of records defined as "public" under state and federal laws including their own student's records and public records about discipline of school employees. Everett Public Schools public records requests are handled by the district's finance and business services office. Records can be requested by writing that office at PO Box 2098, Everett, WA 98213, sending an email to [publicrecords@everettsd.org](mailto:publicrecords@everettsd.org) or calling 425-385-4150.

**Attendance message**


One of the most important things you can do to help your child succeed in school is to make sure he or she is there every day. When students miss school, they miss critical opportunities to learn and participate. Each lesson and class is critical to learning. The from the day before and introduces ideas for the next day. When your child must be absent, be sure to let us know the reason for the absences. For absences of five or more days, we ask for a written note from your doctor. Call the 24-hour attendance line at 425-385-4805 or you can email us at [NORAttendance@everettsd.org](mailto:NORAttendance@everettsd.org)

**We have a new bell!**


The next time you visit North Middle School, you will notice we have a new door bell. While this is not an usual item for many homes, it is a new concept for our school. Just as most of us keep our doors locked in the interest of our own safety, North Middle School also knows student safety is important.

Our new front door bell is one more way we are keeping students safe. We look forward to your using that new doorbell when you visit and to your knowing it is part of our work to keep North Middle School a nurturing and safe place to learn, work and grow.



**Register to vote!**

Voter registration information and materials are available in an area in your school's main office. You can also register to vote online at <http://bit.ly/VoteRegistration>.



**Your student's records are confidential**

Everett Public Schools takes very seriously its duty to protect student records and privacy. Student transcripts and other education-related records are protected by multiple security measures. Only those teachers, administrators and other staff members who work directly with the student and have an educational need to know about the student have access to individual student records. Staff members are expected to maintain confidentiality about information contained in a student's records.

**PTA CORNER**

The North MS PTA board wants to welcome everyone to another fantastic school year! If you haven't yet had an opportunity to join our community, we encourage you to sign up today! The PTA directly supports our students and offers enrichment opportunities and activities throughout the school. By becoming a member of North MS PTA, you are helping to support field trips, dances, field day, Math/Literacy night, library materials, club events, athletic gear, walk-a-thon, shoe and clothing assistance for students in need, classroom grants, and MORE! Membership costs \$15 per member or \$25 for two members in a household. We also have many opportunities for you to become involved, whether that means chaperoning at a dance, setting up for movie night, or bringing a salad for a staff appreciation lunch. We would love to have your involvement at North! Our monthly meetings (September - November and January - May) are open to all members, and we hope you will join us. Our first PTA meeting of the year was held on Monday, September 14 at 7pm in the North MS office conference room. We hope to see you there!

Andrea Wells-Edwards, President  
Amy Balmer, Vice President  
Jenny Kuehn, Secretary  
Mariko Thompson, Treasurer  
Contact: [northmiddleschoolpta@gmail.com](mailto:northmiddleschoolpta@gmail.com)  
Like us on Facebook!

### The Food Allergy & Anaphylaxis Network

In 1998, the Food Allergy & Anaphylaxis Network, now FARE, created Food Allergy Awareness Week to educate the public about food allergies, a potentially life-threatening medical condition. This is a special opportunity to shine a spotlight on food allergies, raise awareness, educate others and inspire action. Here are some facts you may not know about food allergies:

- Food allergies can be life-threatening and are a serious and growing public health problem – one for which there currently is no cure.
- They affect up to 15 million Americans, including nearly 6 million children – roughly two in every classroom. If all of the kids with a food allergy lived in one state, it would be the 19th largest state (by population) in the U.S.
- Nearly 40 percent of these children have already experienced a severe or life-threatening reaction. In addition, more than 30 percent of these children have multiple food allergies.
- According to the Centers for Disease Control and Prevention, the number of children with food allergies in the U.S. increased 50 percent between 1997 and 2011, but there is no clear answer as to why.
- A reaction to food can range from a mild response (such as an itchy mouth) to anaphylaxis, a severe and potentially deadly reaction. Every three minutes, a food allergy reaction sends someone to the emergency room in the U.S.
- Having a child with food allergy increases the yearly cost of raising a child by about 30 percent, which costs American families a total of nearly \$25 billion per year.

#### There are many ways you can make a difference:

Learn more about food allergies and anaphylaxis by going to [www.foodallergy.org](http://www.foodallergy.org). Get involved with events and fundraisers to help fund food allergy research, awareness, advocacy and education efforts. Learn more at <http://www.foodallergy.org/get-involved>. Support friends and loved ones with food allergies by asking how you can help!



### Kids in Transition program in Everett Public Schools

The Kids in Transition (KIT) program supports students who qualify as homeless under federal McKinney-Vento legislation. Students who lack a fixed, regular, or adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success and extra-curricular participation. We ensure homeless students have school supplies and provide tutoring or facilitate student participation in extended day or summer school classes. We help students participate in activities such as sports or clubs by paying required fees. KIT provides transportation for eligible students to maintain school stability, as long as the commute is feasible. Last year, Everett Public Schools served over 900 homeless students at some time during the school year. For more information, visit the [KIT website](http://www.kit.everettsd.org) or contact Amy Perusse at 425-385-4032 or [aperusse@everettsd.org](mailto:aperusse@everettsd.org).

### Delayed start or closed schools

If we have to cancel school or delay the start of school, we will use our parent communication system to call in the morning after 5:45 a.m. with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab. In cases of inclement weather or other emergencies, please: listen for media announcements; view the district's website at [www.everettsd.org](http://www.everettsd.org); or call our district information line 425-385-4636.

### Star Achievers Club



Star Achievers club is a lunch and afterschool program for teachers to send students to complete work and get some extra help. We meet afterschool on Tuesdays and Thursdays from 2:45 – 5:00. We meet during 1<sup>st</sup> & 2<sup>nd</sup> lunch on Tuesdays, Wednesdays and Thursdays. For more information, contact Kathy McLain @ 385-4920 or [kmclain@everettsd.org](mailto:kmclain@everettsd.org)

### Back-to-school safety reminders



Many student safety tips are available for parents on our district website under the *Parents* tab, [Parent Tips](#). They include information about bike and walking safety, theft prevention, registered sex offender awareness and other helpful resources. Here are just a few quick reminders: Walk with a buddy, Be aware of your surroundings (cell phones and ear buds put away), Wait with a friend or adult at bus stops, For adults, stop for buses when they have the stop arm out

### Mapping your future

What you can do now to chart your course

Join us at a *High School and Beyond* family night on October 20<sup>th</sup>

- Enjoy free pizza
  - Hear keynote speaker share important tips to prepare for career or college (for all ages)
  - Dive deeper in smaller break-out sessions
  - Meet community and 4-year colleges & universities
  - Learn about apprenticeships
  - Visit the college & career fair
- Interpreters are available



### Thought Exchange



Emails will go to each guardian on Sept. 8 asking for your thoughts about technology in Everett Public Schools. What should the district consider as it plans for student technology?

Didn't get the email? You can self-register at [http://bit.ly/EPS\\_Texchange](http://bit.ly/EPS_Texchange). Join the conversation at any time!

#### 3 ways to stay in touch

At the bottom of any district webpage, you can sign up for **InTouch** announcements right to your email box about twice a month. You can also follow us on **Facebook** and follow us on **Twitter**.

# GO NORTH SPORTS!

Dates below are Subject to Change Please check district page for most updated dates on sports



## SOFTBALL

8th Grade	Opponent	Location	Time
Sept 14th (TH)	First Practice		2:50
Sept 28th (T)	Alderwood	Alderwood	3:45
Sept 30th (W)	Harboure Pointe	NORTH*	3:45
Oct 5th (M)	Meadowdale	Meadowdale Middle School	3:45
Oct 7th (W)	Olympic View	NORTH*	3:45
Oct 14th (W)	Gateway	Gateway Middle School	3:45
Oct 15 (TH)	Eisenhower	Eisenhower Middle School	3:45
Oct 27 (T)	Heatherwood	NORTH*	3:45

7th Grade	Opponent	Location	Time
Sept 14th (TH)	First Practice		2:50
Sept 28th (M)	at Evergreen	Evergreen Middle School	3:45
Sept 30th (W)	v. Gateway	NORTH*	3:45
Oct 5th (M)	at Heatherwood	Heatherwood Middle School	3:45
Oct 8th (TH)	v. Eisenhower	NORTH*	3:45
Oct 12th (M)	v. Gateway	Gateway Middle School	3:45
Oct 14th (W)	at Gateway	Gateway Middle School	3:45
Oct 21st (W)	at Eisenhower	Eisenhower Middle School	3:45
Oct 27th (T)	v. Heatherwood	NORTH*	3:45

Date	Opponent	Location	Time
Sept 10th (TH)	First Practice		2:50
Sep 24th (TH)	Kel/Exp	at Kellogg	3:45
Oct 1st (TH)	Ald/Mdl/Evgn	at Evt Stadium	3:45
Oct 8th (TH)	Ein/Voy	at Voyager	3:45
Oct 14th (W)	Everett & Mukilteo School at McCullum Park		3:30
Oct 22nd (TH)	Everett District Meet at Heatherwood		3:45
Oct 27th (T)	League Meet at Shoreline Stadium		3:30

## CROSS COUNTRY

7 <sup>th</sup> Grade	Opponent	Location	Time
Sept 10th (TH)	First Practice	NORTH*	2:50
Sept 30th (W)	at Evergreen	Evergreen	3:45
Oct 7th (W)	v. Eisenhower	NORTH*	3:45
Oct 14th (W)	v. Heatherwood	NORTH*	3:45
Oct 19 (M)	at Gateway	Gateway Middle School	3:45
Oct 27 (T)	Championship	TBD	4:00

## FOOTBALL

8 <sup>th</sup> Grade	Opponent	Location	Time
Sept 10th (TH)	First Practice	NORTH*	2:50
Sept 30th (W)	Voyager Middle School	NORTH*	3:45
Oct 7th (W)	Eisenhower Middle School	Eisenhower Middle School	3:45
Oct 14th (W)	Heatherwood Middle School	Heatherwood Middle School	3:45
Oct 19 (M)	Gateway Middle School	NORTH*	3:45
Oct 22 (TH)	Kellogg Middle School	Kellogg Middle School	3:45
Oct 27 (T)	Evergreen Middle School	EVERETT STADIUM	4:00*